

HOMEOPATHIC CARE FOR SURGERY

These remedies can be very effective in minimizing the trauma of surgery. The best help is to have an advocate with you; someone who knows you well and is able to assess what state you are in. Your needs are unique, and the remedies are dictated by how you are feeling. A support person is invaluable during this time.

Arnica montana

Arnica is used for bruising and trauma; any bleeding where there shouldn't be bleeding.

Staphysagria

Staphysagria is used for the invasive, cutting feeling of the surgery.

Bellis perennis

Bellis is used for any deep tissue wounds such as abdominal surgery; also useful when Arnica does not help.

Hypericum

Hypericum is used for any type of nerve pain, including dental surgery, and can heal the damaged nerves.

Nux vomica

Colubrina is used to detoxify the body after the medications and anesthetics used during surgical procedures.

Anxiety

Gelsemium, Argentum-nit, Aconite and Rescue Remedy can all be helpful in counteracting nervousness about surgery.

Book a Homeopathic Acute Care Appointment to help establish a pre surgery and recovery plan that is customized to your unique circumstances. During this appointment the Homeopath will find the best suited remedy and potency for you.